



LITHUANIAN SOCIETY OF
LIFESTYLE MEDICINE
Research, Prevention & Treatment of Chronic Diseases



SPANISH INSTITUTE OF
LIFESTYLE MEDICINE

**AGREEMENT BETWEEN THE SPANISH INSTITUTE OF LIFESTYLE MEDICINE
ASSOCIATION AND THE LIFESTYLE MEDICINE ASSOCIATION IN LITHUANIA TO
ESTABLISH JOINT EXCHANGE PROGRAMS AND MEDICAL-SCIENTIFIC ACTIVITIES
RELATED TO ACTIONS ON THE LIFESTYLE MEDICINE.**

Madrid, March 28TH, 2023

TOGETHER

On the one hand, **Mrs. Aiste Kucinskiene**, of legal age, provided with an identification personal code 48312200055 currently with position of **President of The Lifestyle Medicine Association in Lithuania**, on behalf of the same organization, according to the competences attributed by legal entity code 304150420, and with registered office at Pipirniu takas 6, Kaunas, LT-52177.

On the other hand, **Dr. José Luis Palma Gámiz**, of legal age, provided with personal identification card number 75.591.204-W, acting on behalf of the **Association of the Spanish Institute of Lifestyle Medicine, being his President**, according to the Writ of Approval and Legalization for documents submitted electronically to the Records Office of the Spanish Ministry of Internal Affairs with registration number: REGAGE23e0000691109, dated 02/02/2023 that are attached to this agreement proposal, provided with C.I.F. number G-44638138 and with official and tax address at Iturbe street, number five, third floor, letter A, in the city of Madrid, with postal district 28028

Both parties, in the concept that they concur and mutually acknowledging competence and sufficient legal capacity to be bound by this Agreement,

EXPOSE

I.- That The Lifestyle Medicine Association in Lithuania has, among its purposes, to cooperate in scientific and medical development of Lifestyle Medicine, throughout the Lithuanian national territory, as well as the dissemination and evaluation and transfer of knowledge at the service of science, of technology and quality of life, promoting development and innovation as an application of the results of the research, seeking the greatest social projection of its activities, through the establishment of collaboration channels, agreements, contracts and structures implemented by Organic Law in order to provide assistance to society, also to promote medical and social progress, to contribute to the improvement of the health system through the

promotion of the most advanced technical-medical means on the aspects essential for constant improvement in the quality of life of society as a whole.

II.- That the Association of the Spanish Institute of Lifestyle Medicine has among its aims to promote, through courses, conferences, seminars, academic campuses, master's degrees, writings, videos, etc., etc., dissemination, study, research and exchanges of scientific documentation with special reference to the necessary modifications in the lifestyle of the population with the intention of preventing the so-called non-communicable diseases, thereby trying to prevent their high prevalence.

III.- That both; The Lifestyle Medicine Association in Lithuania and the Association of the Spanish Institute of Lifestyle Medicine, express their willingness to respond with guarantee to the scientific challenge that society demands, with their mutual commitment to the permanent improvement of research quality, of training and services, are interested in collaborating together in order to comply with the stated purposes and therefore, to use their resources to produce and promote the objectives through different modalities of collaboration that, merely by way of example and not limiting, will be established as objectives of this Agreement.

IV.- That, for this purpose, both; Spanish Association and Lifestyle Medicine Association in Lithuania, wish to establish a collaboration plan, signing this Agreement in accordance with the following

STIPULATIONS

FIRST. - Nature and Object

This Agreement is of an administrative nature, being applicable the Regulation for the supervision and approval of the agreements by virtue of specific rules of both countries; Lithuania and Spain.

The purpose of this Agreement is to develop joint research activities in the field of Lifestyle Medicine, in its broadest sense.

SECOND. - Validity, modification and extinction

This Agreement is valid for four (4) years from the date it is signed, and may be extended by express agreement of the parties for a period of up to four (4) additional years, which must be formalized at any time before the expiration of the agreed term.

It may be modified by mutual agreement of the parties, by signing the corresponding modification addendum.

The following will be grounds for termination of this Agreement:

- Failure to fulfill its purpose.
- The supervening impossibility of its realization.

- The mutual agreement between the parties or the reasoned decision of one of them, which must be communicated by writing to the other party, at least three months prior to the date on which they want the effective termination thereof. This resolution will not affect the carrying out of the activities that were in progress, and the actions that were initiated at the time of the resolution of this agreement must continue until their completion.

THIRD. - Obligations of the parties

- Both Associations, undertake and oblige to develop the necessary actions for the correct materialization of the purposes of this agreement.
- The Association of the Spanish Institute of Lifestyle Medicine and The Lifestyle Medicine Association in Lithuania undertake and oblige themselves to develop the necessary actions for the correct materialization of the purposes of this agreement.

FOURTH. – Workplan and Responsibility

- The contracting parties undertake to join their efforts, in order to transfer to the Scientific Community, in particular, and to society in general, the results of their research on Lifestyle Medicine. In this sense, the objective will be to analyze the scientific-medical innovations by proposing the holding of a Permanent Seminar through which to exhibit the results of our investigations, both to the people who constitute the Association, and to any interested person.

FIFTH. - Total budget and material resources

- In order to materialize this agreement, those responsible seek its financing through public and private subsidies.

SIXTH. - Specific declaration of confidentiality, publicity and publication of the results

Both parties grant, in general, the classification of reserved information to that obtained in application of this Agreement that are signed in its development, for which reason they assume in good faith the commitment of strict use by their respective organizations, according to the destination or purpose agreed upon in its disclosure.

SEVENTH. - Monitoring Committee

For the strict purposes of compliance with the objectives and obligations described in this Agreement, as well as to resolve any disagreements that may exist between the parties regarding the interpretation and compliance with this Agreement, a joint Monitoring Commission will be set up, made up of four (4) members, of which the following members will form part: Two members of The Lifestyle Medicine Association in Lithuania and two members from the Association Spanish Institute of Lifestyle Medicine.

EIGHTH. - Personal data protection

The processing of personal data and the possible transfers or communications of data necessary for the execution and fulfillment of this agreement will be carried out in accordance with European Regulation (EU) 679/2016, of the European Parliament and of the Council, of April 27, 2016., regarding the protection of natural persons with regard to the processing of personal data, and national legislation on the matter.

The parties to this agreement undertake to comply with the requirements on data protection established by the regulations referred above, in particular with regard to the purpose of the treatment, the basis of legitimacy of the treatment, the period of conservation of the data, to the transfers or communications of data and the rights of the interested parties, as well as the adoption of the necessary security measures.

NINTH. - Principle of Equality

The principle of equal treatment and opportunities, the balanced participation of women and men in all areas referred to in this agreement, will inform its application, as well as the specific collaboration agreements that are signed. Both parties will actively seek the integration of these principles in the initiatives carried out within the framework of this agreement and those that develop it, as well as in the execution and development of the set of activities.

TENTH. - Litigious issues

The contentious issues arising from the interpretation, development, modification, resolution and effects of this Agreement, if the Agreement is not reached through the Monitoring Commission, will be known and the jurisdiction of the contentious-administrative jurisdiction of Madrid (Spain) or Kaunas (Lithuania).

And, as proof of conformity and for the due proof of everything agreed, both parties sign this Agreement, in duplicate for a single purpose, in the place and on the date indicated in the heading.

Signed
By President of
Lifestyle Medicine Association in Lithuania



Signed
By President
Spanish Inst. of LM Association

A handwritten signature in blue ink, consisting of a large, sweeping initial letter followed by a cursive name.