



MEMORANDUM OF UNDERSTANDING

Between The
Spanish Institute of Lifestyle Medicine
Iturbe Street 5-3-B. 28028. Madrid. Spain.

info@iemev.com

(hereunder referred to as "SILM")

and

The European Lifestyle Medicine Organization

16, rue Voltaire, 1201

Genève - Switzerland

info@eulm.org

(hereunder referred to as "ELMO")

Both, the SILM and ELMO hereunder together also referred to as "organizations" and/ or "partners".

The SILM is an Association has among its purposes to promote through courses, conferences, seminars, academic campuses, master's degrees, writings, videos, etc., etc., the dissemination, study, research and exchanges of scientific documentation with special reference to the necessary modifications in the lifestyle of the population with the intention of preventing the so-called non-communicable diseases, thereby trying to prevent their high prevalence.

The SILM has a strong interest in Lifestyle Medicine and is active in educating society on matters of research, prevention and treatment of non-communicable and lifestyle related diseases through evidence-based medicine.

The European Lifestyle Medicine Organization (ELMO) is a scientific society dedicated to research, prevention and treatment of non-communicable diseases (NCDs) and lifestyle-related diseases.

The goals of the European Lifestyle Medicine Organization are to prevent lifestyle-related chronic diseases, improve the management of people who have these diseases through professional education and research, and to develop guidelines, standards and policies that promote optimal patient care and health. ELMO promotes evidence-based medicine and a systems-based approach to chronic diseases.

ELMO and the SILM want to partner in order to jointly promote their above mentioned aims and to support each other in providing optimal learning and knowledge sharing opportunities to their stakeholders. The ultimate goal of this partnership is to reduce the burden of lifestyle-related / non-communicable diseases globally.

The two organizations therefore agree as follows:

1. ELMO will provide to the SILM consultation upon request on Lifestyle Medicine curricula for courses/ master programs and other LM-oriented initiatives.
2. The SILM will provide to ELMO academic consultation upon request on the development of ELMO's actions and activities.
3. The SILM will grant its auspices/ endorsement for the Annual Conference of ELMO upon evaluation of the announced program and vice versa.
4. Each organization will prominently acknowledge on its website the affiliation of both organizations.
5. ELMO will consider the SILM as a candidate institution of choice for educational grants/awards that ELMO may in the future offer to ELMO Annual Conference participants for outstanding scientific work presented during the Conference.
6. Both organizations will support marketing initiatives of the other organization, interact on social media platforms, and provide space for communication material from the other organization in newsletters and member communiqués.
7. ELMO will offer 10% discount on the early period registration fees for its Annual Conference to academics, researchers and practitioners employed or contracted by the SILM and a 10% Discount in ELMO Certificate students.
8. Variable discounts on student registration fees to the ELMO Congress depending on the number of students registering from the SILM (minimum 5 students)
9. The SILM will offer special discount on enrollment fees for its LM programs or LM related programs to ELMO members.
10. The two organizations may on a case-by-case basis agree to jointly post curricula or other documents or programs on the Internet and may charge a fee to users.
11. Upon dissolution of the affiliation, the disposition of any and all assets, contracts, and property rights, including but not limited to intellectual property rights, obtained or developed through the collaborative efforts of the two organizations, will be shared on a 50/50 % basis. There also will be a committee consisting of two members, one appointed by each organization, in order to negotiate, if necessary, the outstanding topics.



12. This partnership should be based on independence and respect for each other's principles.
13. This affiliation may be dissolved with 60 days' notice of either organization to the other.

On behalf of ELMO

Name: IOANNIS ARKADIANOS

On behalf of the SILM

Name: JOSE LUIS PALMA

**JOSE LUIS
PALMA**

Firmado digitalmente
por JOSE LUIS PALMA
Fecha: 2023.09.18
12:29:35 +02'00'

Title: ELMO President

Title: SILM PRESIDENT

Date: 18/9/2023

Date: September 18th, 2023

Signature:

Signature: